

CBAY

Community Based Alternatives for Youth

A project overview by:
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CBAY?

Who: Target Population

What: CMS 5 year demonstration project

When: 5 year federal fiscal year 2008 – 2012

Where: Implementation Plan

Why: Keep kids in the least restrictive environment and to showcase cost neutrality

How: Implement a wraparound process with families, with an array of non-Medicaid services

Target Population

- (1) Children and youth with serious emotional and behavioral disturbances who have a primary diagnosis of mental illness as identified in the DSM-IV (or most current version) and who are placed in or at risk of placement in a Psychiatric Residential Treatment Facility; AND
- (2) youth/young adults age 18 through 21 with a primary diagnosis of mental illness as identified in the DSM-IV (or most current version) who are placed in or at risk of placement in a Psychiatric Residential Treatment Facility.
 - CBAY grant does provide coverage for children who are enrolled in a CMO

What is CBAY?

- CMS: 5 year demonstration project
 - Purpose for CMS is to demonstrate that PRTF youth can be served with intensive community based services and supports
 - Efficient demonstration will enable the federal government to add PRTFs to the category of eligible institutions for Community-Based Waiver Programs
 - Georgia is one of ten states in the demonstration

Implementation Plan

- Waiver Start Date – July 1, 2009 (August 3, 2009)
- Regional Plan
 - Region 3 and all KidsNet Sites
 - (7/1/09 – 9/30/09) (8/3/09-9/30/09)
 - Regions 1, 2, 3 and all KidsNet Sites
 - (10/1/09 – 9/30/10)
 - Regions 1-5 and all KidsNet Sites
 - (10/1/10 – 9/30/11)
 - Statewide (341 unduplicated youth served)
 - (10/1/11 – 9/30/12)

Desired Outcomes

- Reduce the length of stay in out-of-home placements
- Increase the number of youth receiving community-based services transitioned or diverted from these facilities.
- Demonstrate Cost Neutrality

CBAY Process Flow

- 1.) Youth can be referred to CBAY if they are already receiving services in the community through a core provider
 - 2.) Youth can also be referred to CBAY if they are currently receiving PRTF services
- ✓ Youth are referred through the same PRTF application process
 - ✓ There will be a treatment choice form attached to the PRTF application along with an MDS (Minimum Data Set) form to be completed

CBAY Components

- | <u>TPA</u> | <u>Evaluation</u> |
|--|--|
| <ul style="list-style-type: none"> □ Providers must enroll □ Must have Medicaid number by the end of the grant □ 30-45 days to enroll □ Claims to be paid weekly | <ul style="list-style-type: none"> □ MDS (collected by TPA) <ul style="list-style-type: none"> ■ CAFAS ■ YSS (collected by CME) ■ YSS-F (collected by CME) ■ WFI 4.0 (University contract) |

Waiver Services

- | | |
|---------------------------------|--|
| □ Care management | □ Wraparound-unskilled |
| □ Family Support and Training | □ Financial Support Services (TPA function) |
| □ Respite | □ Community Guide |
| □ Customized Goods and Services | □ Community Transition Services |
| □ Supported Employment | □ Transportation |
| | □ Consultative Clinical and Therapeutic Services |

Service Descriptions

- Care Management: identify, plan, budget, document, coordinate, and review the delivery and outcome of wraparound plan & services
- Respite: designed to give parents rest and relief, provide safe and supportive environment on short term basis
- Supportive Employment Services: intensive, on-going supports to prepare, secure and maintain job in a regular work setting
- Community Guide Services: develop community relationships to promote self directed services and supports
- Family Support and Training: resources designed to promote skills for coping and managing mental illness through natural supports and community partnerships

Service Descriptions (cont.)

- Customized Goods and Services: services, equipment, or supplies such as tutoring, parenting skills, structured recreation, mentor, behavior aid < \$2000 per year limit
- Wraparound – unskilled: designed to support community involvement and increase independence through increased social skills, problem-solving skills, coping skills, life skills.
- Community Transition: assist family with transition from institution to community setting. These supports may include security deposits, essential household furnishings, utility deposits, driver's license, driver's training or vehicle registration < \$1500 per year limit

Service Descriptions (cont.)

- Consultative Clinical and Therapeutic Services: services that are not covered by the state plan and are necessary to improve independence such as crisis counseling and stabilization, assessment, development of a home treatment/support plan, compensation
- Transportation: assist waiver participants to access community services, activities, and organizations that are offered to the general public. Does not include transit provided through Medicaid non-emergency < \$1500 per year limit

Wraparound Process

- Team approach (CFT meeting)
- Parent-Driven/Family-Centered
- Natural Supports
- Individualized (ISP)
- Strength-based (create interventions by building on strengths)
- “Nothing about us without us”
- Needs-Driven/Life Domains
- Unconditional-don’t discharge for exact reason youth was referred but address the context or reason for referral

Phases Of Wraparound

- Stabilization / Intake and Engagement
- Planning
- Implementation
- Transition (3 to 6 months prior to discharge)

CBAY Staff

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Question and Answer

