

This workshop will present research and a strength-based clinical treatment protocol for working with suicidal adolescents, self-harming adolescents and their families. Quantitative research will be presented that explores the relationship between adolescent suicidal behavior, family structure and adolescent role assignment within the family. Implications for individual and family therapy practice with suicidal and self-harming adolescents are explored. Clinical interventions will be discussed for working with suicidal adolescents, self-harming adolescents, and their families.

Participants will learn:

1. The relationship between family structure, adolescent family roles, adolescent suicidal behavior, and adolescent self-harming
2. Which family roles suicidal adolescents and self-harming adolescents are significantly associated with
3. What types of family structures are associated with suicidal adolescents and self-harming adolescents
4. Clinical implications for treating suicidal adolescents, self-harming adolescents, and their families
5. Research in the area of suicidal adolescents and their families

### Biographical Sketch of

#### Dr. Steve Livingston

Steve Livingston, Ph. D. is currently serving as Director/Associate Professor for Mercer University School of Medicine's Family Therapy Masters programs in Atlanta and Macon. He has served in the past as the Coordinator of the Doctoral Program in Marriage and Family Counseling at Barry University's Adrian Dominican School of Education-Counseling Department in Orlando.

Dr. Livingston currently serves on the Georgia Composite Board for Professional Counselors, Social Workers and Marriage and Family Therapists. He has served on the Georgia Association for Marriage and Family Therapy Board and previously served as President of the Florida Association for Marriage and Family Therapy. He received his Ph.D. in Marriage and Family Therapy from Florida State University in 1989.

Dr. Livingston holds licensure in Georgia and Florida as a Marriage and Family Therapist. His clinical experiences include ten years in community mental health, serving as supervisor of Crisis Services for a regional mental health center, clinical director of an regional hospice organization, clinical director of the statewide Impaired Educator Recovery Network Program for the Florida Department of Education and twenty five years in private practice in Florida and Georgia serving couples, families, and individuals. He currently has a clinical practice in Atlanta and was recently appointed to the Piedmont Hospital Ethics Committee. Dr. Livingston has presented at numerous international, national, and state conferences and has published in the marriage and family therapy field.

## ***Strength-based Therapy with Suicidal Adolescents, Self-harming Adolescents, and Their Families***



*Presented by*

**The Methodist Home for  
Children And Youth**

*at the*

**Rumford Center  
304 Pierce Avenue  
Macon, GA 31204**

**May 15, 2012  
10:00am-5:15pm**

**Presented by:  
Dr. Steve Livingston**

# Strength-based Therapy with Suicidal Adolescents, Self-harming Adolescents, and Their Families

**6 CEUs**

**APPROVED** by

**GAMFT, NASW,**

**and LPCA**

## Agenda

**10:00am—11:45am**

Adolescents suicide, adolescent self-harm, family structure and adolescent family role assignment

**11:45am—12:30pm**

LUNCH PROVIDED

**12:30pm—1:45pm**

Clinical research presentation and discussion involving suicidal adolescents and their families

**2:00pm—3:30pm**

Strength-based clinical treatment protocol for counseling suicidal adolescents, and their families

**3:45pm-5:15pm**

Strength-based clinical treatment protocol for counseling suicidal adolescents, self-harming adolescents, and their families



## Directions:

### From Atlanta:

- I-75 South Exit #167 (Pierce Avenue).
- Turn left onto Riverside Drive to the first traffic light.
- Turn right onto Pierce Avenue.
- After you pass through the first traffic light (Ingleside Avenue), we are the 4th driveway on the right. Enter in through the main brick gate entrance from Pierce Ave. If you pass Magnolia Manor, 200 Pierce Ave., you've gone too far.

### From Albany/Valdosta:

- From I-16 West to I-75 North Exit 167, Pierce Ave.
- Go through red light crossing over Riverside.
- After you pass through the first traffic light (Ingleside Avenue), we are the 4th driveway on the right. Enter in through the main brick gate entrance from Pierce Ave. If you pass Magnolia Manor, 200 Pierce Ave., you've gone too far.

### From Savannah:

- From I-16 West to I-75 North Exit 167, Pierce Ave.
- Go through red light crossing over Riverside.
- After you pass through the first traffic light (Ingleside Avenue), we are the 4th driveway on the right. Enter in through the main brick gate entrance from Pierce Ave. If you pass Magnolia Manor, 200 Pierce Ave., you've gone too far.

### From Athens:

- Go South on Hwy 441-S to Eatonton.
- Follow Hwy 129 to Gray
- Turn right at traffic light onto Hwy 22
- Follow Hwy 22 to into Macon to I-75 North to Pierce Ave., Exit 167.
- After you pass through the first traffic light (Ingleside Avenue), we are the 4th driveway on the right. Enter in through the main brick gate entrance from Pierce Ave. If you pass Magnolia Manor, 200 Pierce Ave., you've gone too far.

Guests park in the lot in front of the Rumford Center (a large two story red brick building with glass front). Overflow parking is behind the building to the right.

<p style="text-align: center;"><b>METHOD OF PAYMENT</b></p> <p>Check enclosed (Payable to Methodist Children's Home)          Credit Card: <input type="checkbox"/> Visa <input type="checkbox"/> M. Card <input type="checkbox"/> Am Express</p> <p>Credit Card Number _____          Expiration Date _____</p> <p>Name on Card: _____</p>	<p style="text-align: center;"><b>Strength-based Therapy with Suicidal Adolescents, Self-Harming Adolescents and Their Families</b></p> <p style="text-align: center;"><b>REGISTRATION FORM</b></p> <p style="text-align: center;">To Register by phone w/credit card, please contact:  <b>Melinda Bush</b>  <b>(478) 751-2207</b></p> <p>To register by mail or w/check, mail this form with payment to:  <b>Janet Whitten, Director of Training</b>  <b>Methodist Home for Children &amp; Youth</b>  <b>P.O. Box 2525 Macon, GA 31203</b>  <b>(478) 751-2838</b></p>
<p><b>I am registering for CEU's</b></p> <p>Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>LPC <input type="checkbox"/> MFT <input type="checkbox"/> SW <input type="checkbox"/></p>	
<p>Name: _____</p> <p>Address: _____</p> <p>Phone: _____</p> <p>Email: _____</p> <p>How did you hear about this training? _____</p>	

## COST

- \$125 (Includes Continental Breakfast, Lunch, Afternoon Snacks, Training Materials, and CEU Certificate )

**SPACE IS LIMITED**

Deadline: Friday, May 4, 2012

